FASHION WEEK 2013: THIS IS WEAR IT'S AT

WHAT'S HOT ON RUNWAYS WILL BE ON YOU NEXT SPRING. PAGE 13

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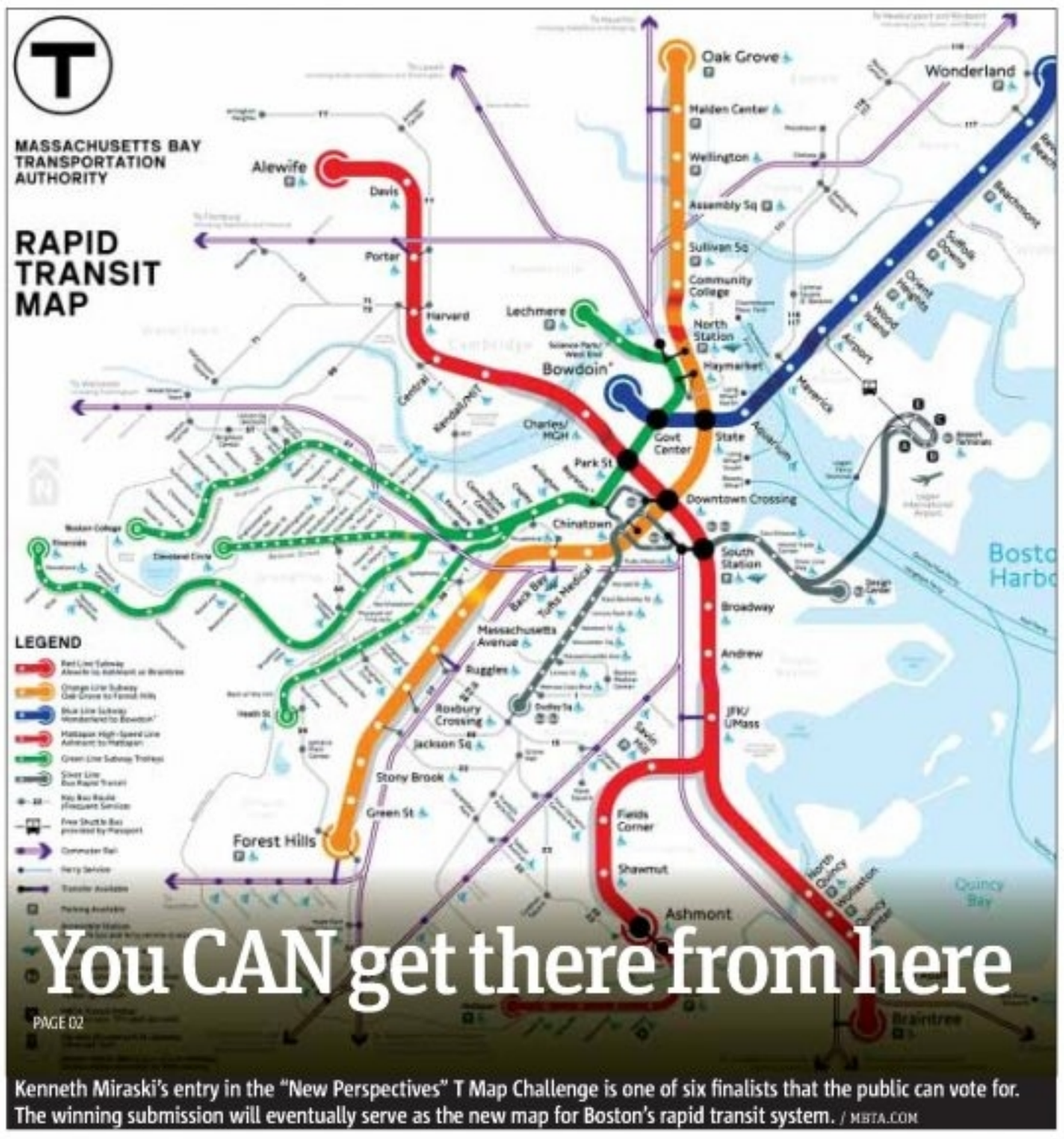

You CAN get there from here

PAGE 02

Kenneth Miraski's entry in the "New Perspectives" T Map Challenge is one of six finalists that the public can vote for. The winning submission will eventually serve as the new map for Boston's rapid transit system. / MBTA.COM

Families of all alleged Bulger victims could have their say

Speak up. Even though James "Whitey" Bulger was convicted in just 11 of the 19 murder he was charged with, U.S. attorneys are asking that all 19 victims' families be allowed to give statements at his sentencing. PAGE 03

It's Sept. 11. Want to help out a veteran or soldier?

PAGE 04

A 20-year-old gets nude, the whole world logs on to see

PAGE 08

T.T. the Bear's still rocking and roaring after 40 years

PAGE 09

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1 NEWS

Top 3

What's trending online at Metro.us

1 'VIDEO: Jimmy Kimmel reveals twerk video was hoax'

2 'VIDEO: Bruins management talking Tyler Seguin trade'

3 'Will the real Black Flag please stand up?'

Today's local tweet

"Reason #57 I love #southie. The bars are open and serving when I walk to work at 830am. #boston"

@EFulwiler will never go thirsty on his way into the office.

Pedal to the metal

Traffic along I-93
NICOLAUS CZARNECKI, METRO

Bill would boost speeds to 70 mph

Rep. Dan Winslow of Norfolk wants to raise the speed limit on certain stretches of interstate highways in Massachusetts from 65 miles per hour to 70 miles per hour.

"Our roads are designed for 70. Our cars are designed for faster than 65," Winslow told the Committee on Transportation yesterday.

If approved, the bill would increase the speed limit on parts of the Massachusetts Turnpike, Interstate 91 and Interstate 95. SHNS

Wild weather

Health officials warn of hurricane season

The Boston Public Health Commission is warning residents to think ahead as the 2013 Atlantic hurricane peaks.

Officials recommend residents stock up on food, water and batteries and make sure they have a battery-powered radio, flashlights, a fire extinguisher and a first-aid kit. They also urged people to track potential storms on TV, radio and social media. METRO

A contest in mapping out the MBTA's future

Design contest. One of six design entries will be selected as the official transit map.

MBTA officials are stunned by the overwhelming response they got when they asked what the next T map should look like.

The transit agency opened voting Monday on six finalists in its "New Perspectives" T Map Challenge, and by 4 p.m. yesterday, the contest had 8,722 votes.

"We are pleasantly surprised at the public's enthusiasm for this project. That's a huge number," said MBTA spokeswoman Kelly Smith.

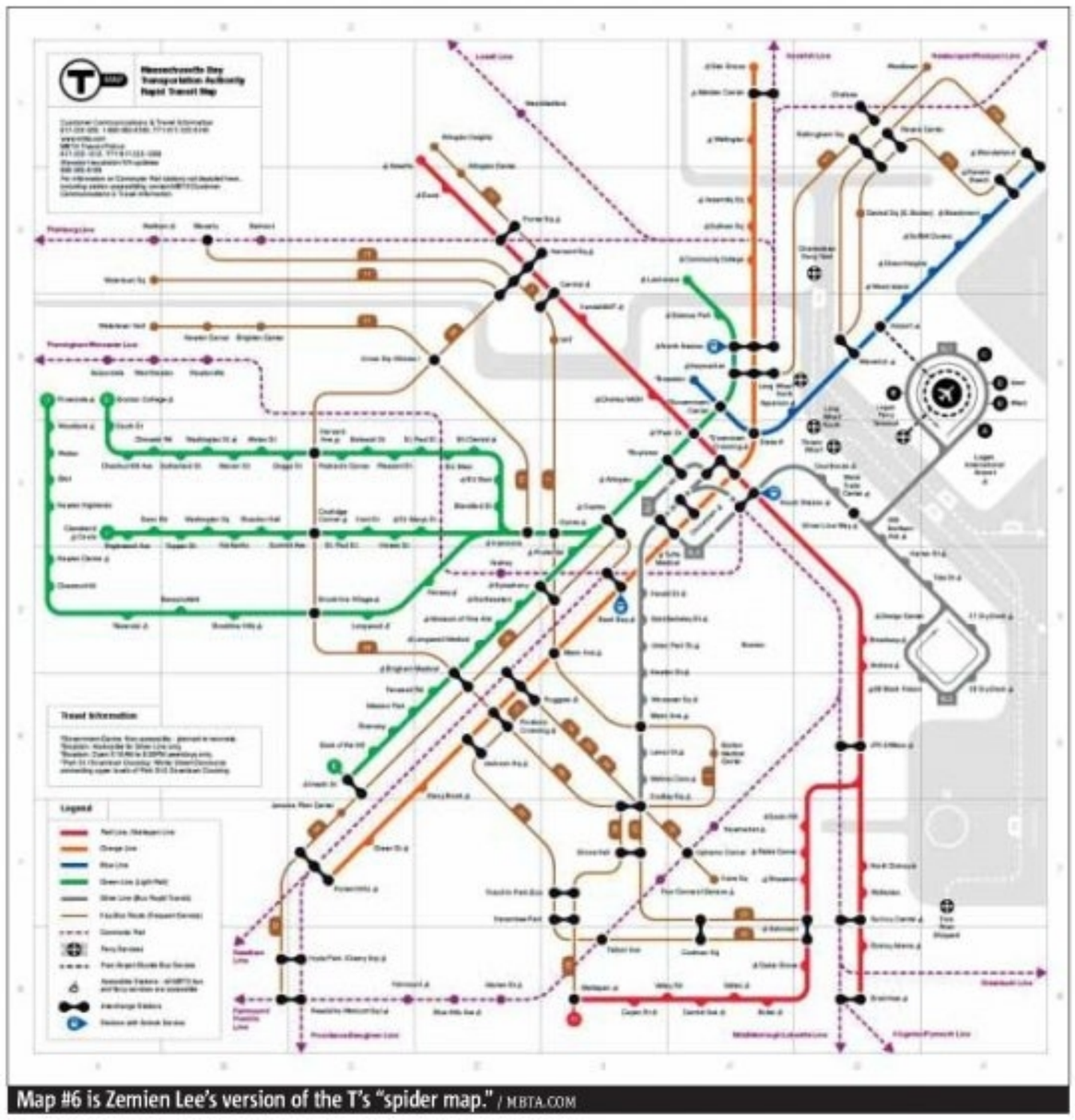
The contest launched in April as a way to get new ideas ahead of a series of T projects, like the creation of new Fairmount Line stations, the opening of Assembly Square Station and the Green Line extension.

Nearly 40 maps were submitted from across the globe. A panel of experts including T officials, academics, urban planners and mapping aficionados selected the finalists.

One map was made by cross stitch, and another was in the shape of a tree. Although the ambitious creativity was appreciated, Smith said the winner will have to adhere to specific criteria.

Former Boston resident and graphic designer Jon Feldman is one of the runners up for his map, "#5."

"I'm expecting to win, actually," said Feldman. "But it's still a great honor and very humbling. ... Hopefully the public will like it."



Map #6 is Zemien Lee's version of the T's "spider map." / MBTA.COM

Creative cartography

To promote creativity and ensure some submissions met design and accessibility standards, the competition was structured with two entry levels.

- Open Tier: Encouraged creativity and innovation. Maps could be interactive, and had to only show part of the system.
- Classic Tier: Maps had to show the full system, with the aim to improve upon the standard "spider map."

Voting ends on Sept. 20. The winning map will be distributed throughout the system at a date yet to be determined.

The full gallery and a link to voting are available at www.mbta.com.

MORGAN ROUSSEAU
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Sex crime. Man accused of raping disabled teen

A Malden man is facing charges of raping a teenager who has the intellectual capability of a 6- or 7-year-old in Saugus.

Andie Jean, 23, is pleading not guilty to charges including rape of a child with force and indecent assault and battery on a person with an intellectual disability. He was found hiding in the alleged victim's closet, pulling up his pants. "[The family member] said he asked what was going on and Jean stated: 'My bad,'" Saugus Police Detective James Donovan told the Lynn Item. Jean told police that the alleged victim tried to hug him repeatedly and they "ended up on the floor." METRO

Football camp

Alleged Chelmsford hazing probed

Officials are looking into reports of hazing at a Chelmsford High football camp in New Hampshire last month. The allegations are "sexual in nature," but the alleged victims were fully clothed. METRO

T graffiti. Men arrested for defacing T property

Two men were arrested around 3 a.m. yesterday for allegedly defacing MBTA property in Dorchester.

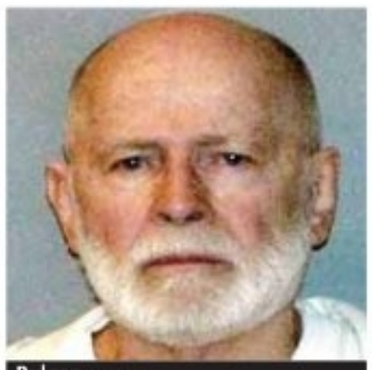
Joseph Domoracki, 23, of Boston and Max McGuigan, 23, of Providence, were charged with malicious destruction of property and trespassing after they allegedly "tagged" six locations along the Red Line.

The pair were seen "walking in a hurried pace" and carrying backpacks that were later discovered to be holding paint cans, rubber gloves and spray can tips, police said.

Transit Police said they also had fresh paint on their clothing. METRO

Feds want families of all of Bulger's victims to speak up

Sentencing. The mob boss will find out his prison term during a November hearing.


Bulger / WBUR

Government lawyers want relatives of all of the murder victims that James "Whitey" Bulger was accused of killing to be able to speak at the mob boss' sentencing, even if he wasn't found guilty of their murders.

Lawyers for the government and Bulger gave updates to Judge Denise Casper during a status hearing yesterday in federal court.

Assistant U.S. Attorney Brian Kelly told Casper that prosecutors want to have family members of all of the victims Bulger is accused of murdering to be able to give victim impact statements.

However, a jury found last month that federal prosecutors were unable to prove Bulger was involved in eight of the 19 murders he was accused in.

Bulger's attorney, J.W. Carney Jr., said it was the first he was hearing of the request and said he would respond in writing.

Casper, who said she understands that some of the family members would be feeling "anger," said that she plans to maintain the same decorum in her courtroom that she did during the trial and wanted the family members to address the court, not Bulger, in an effort to limit outbursts.

The brother of one of Bulger's alleged murder victims lashed out during the sentencing for Bulger's longtime girlfriend Catherine Greig last year.

Bulger could also speak during the hearing, but Carney would not comment if the 84-year-old would definitely do so.

MICHAEL NAUGHTON
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A Dewey Square send-off

The Boston Art Commission held a farewell picnic yesterday for the Dewey Square mural created by Brazilian graffiti artists Os Gemeos. The controversial mural has appeared on the Big Dig ventilation system building since last year, when several online commenters said it resembled a Muslim terrorist. / COURTNEY SACCO, METRO

Not so sweet

Sugar tax pushed before committee

A state lawmaker and advocates pushed during a revenue committee hearing yesterday to lift the sales tax exemption for sugary drinks and candy as a way to fight obesity.

Newton Rep. Kay Khan's bill would also direct the estimated $52 million in new tax revenue to a wellness fund. **SHNS/METRO**

No heart

Interactive exhibit stolen from park

Police are investigating who stole a heart from an interactive exhibit called the "Pulse of the City."

The heart was stolen sometime Saturday from its spot at Christopher Columbus Park near the North End. **GLOBE**

With so many options what do I choose?

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Higher ed

Local schools at top of best colleges ranking

While Harvard University got beat out for the No. 1 spot on a recent list of the nation's best colleges, many Boston-area schools did make it into the Top 50.

Seven colleges and universities in Greater Boston made it onto the 2014 best colleges list put out by U.S. News & World Report.

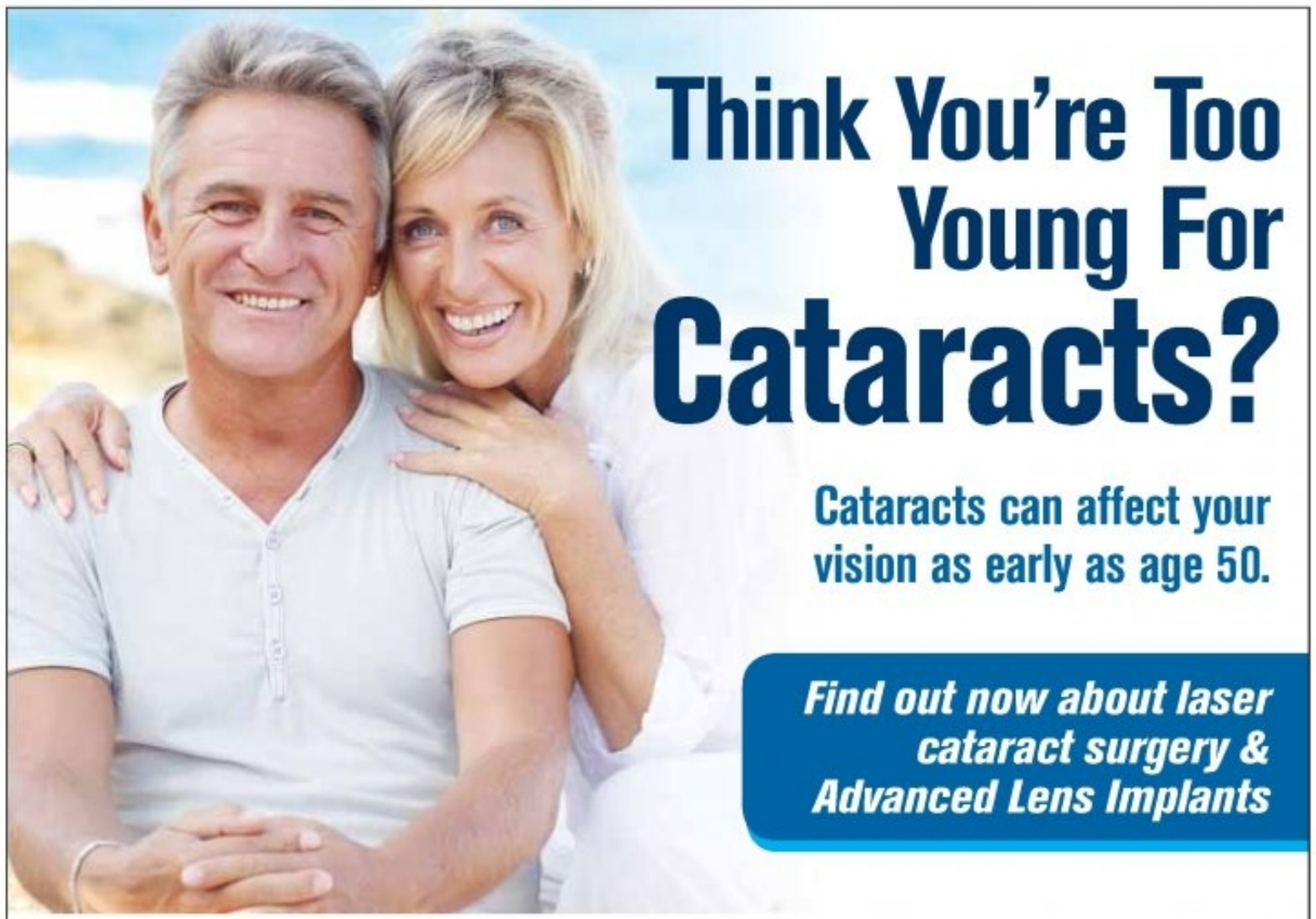
Harvard / GETTY IMAGES

Princeton topped the list, with Harvard coming in second.

The Massachusetts Institute of Technology came in at No. 7 while Tufts University ranked 28, Boston College placed 31, Brandeis was next at 32, Boston University ranked as No. 41 and Northeastern University was listed as No. 49.

Besides ranking within the top 50 best national colleges, Northeastern ranked No. 3 on the U.S. News ranking of up-and-coming schools.

In a separate ranking of the nation's best liberal arts colleges, Williams College in Williamstown earned the top spot. MICHAEL NAUGHTON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Hundreds participated in the Massachusetts Military Heroes Fund 9/11 Service Project last year on the Rose Kennedy Greenway. / NICOLAUS CZARNECKI, METRO

9/11 project to help vets, Mass. troops

9/11 anniversary. The community service event will send care packages to soldiers and homeless vets.

For the past four years, a community service event held on the anniversary of 9/11 has helped thousands of soldiers from Massachusetts — and this year, local homeless veterans will also get a hand.

To mark the anniversary of the 9/11 terrorist attacks, which has been dedicated as a national day of service, the Massachusetts Military Heroes Fund will put on its annual community service event on the Greenway where volunteers can help assemble care packages to send to military members.

A thousand care packages consisting of fresh toiletries and new clothing items will be split between soldiers stationed across the world and veterans who are being helped by the New England Center for Homeless Veterans.

"It's always nice to get new stuff. ... And these care packages are all new," said Stephen Cunniff, director of community affairs for the veterans center. Cunniff said the center is assisting a growing number of post-9/11 veterans. "We're serving homeless people. And if it can save them from going to CVS to get a toothbrush or deodorant, it's advantageous to them."

Wednesday's annual community service event will take place between 11 a.m. and 2 p.m. on the Greenway between Milk and State streets.

MICHAEL NAUGHTON
michael.naughton@metro.us

Anniversary events

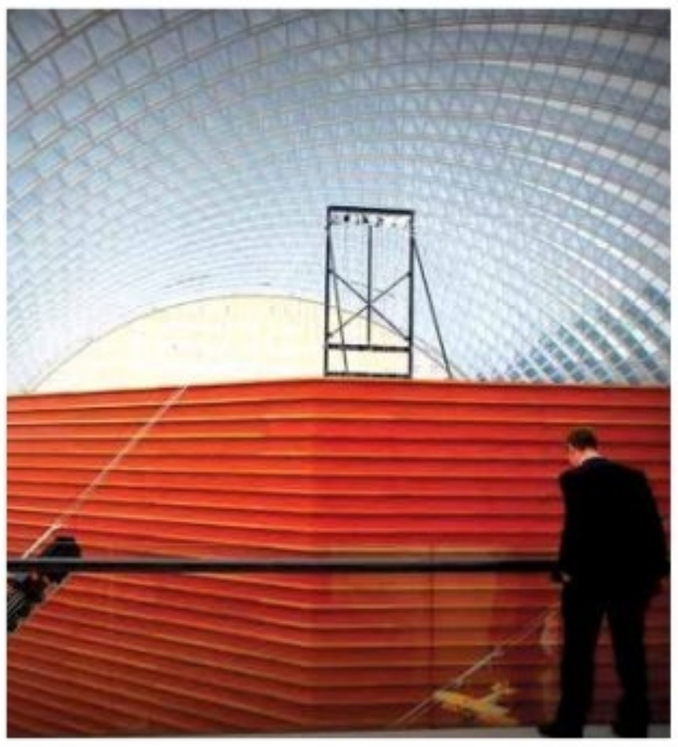
Several events are scheduled to take place today to mark the 9/11 anniversary.

- A wreath laying ceremony will take place at 7:30 a.m. at the 9/11 Contemplative Garden in the Public Garden.
- The names of the 9/11 victims will be read during a flag lowering ceremony outside the State House at 8:30 a.m.
- Fenway Park will play host to the annual Day of Remembrance Blood Drive from 7 a.m. until 2 p.m. Donors can enter through Gate D.

Today's winner

To enter your submission for the Metro Photo Challenge to win a trip to Ghana, go to **www.metrophotochallenge.com.**

metro PHOTO CHALLENGE



'Atrium with a view'

Lola Galla, Philadelphia, Pa.
Category: Sight

PHOTO & VIDEO Hunt's

Obama calls for pause in authorizing strikes on Syria

Hurdles. Any effort to secure and destroy Syrian chemical weapons faces significant logistical problems.

President Barack Obama pulled the U.S. from the brink of a military strike against Syria to pursue "encouraging signs" of a possible diplomatic solution to the confrontation over the Assad regime's use of chemical weapons.

In a nationally televised speech from the White House that attempted to navigate between international calls for action and a war-weary public back at home, Obama said he's asked Congress to delay a vote authorizing the use of military force while the administration pursues a proposal that would have Syria surrender its chemical arms.

The president's address was originally intended to be the capstone of an administration-wide lobbying campaign to win congressional authorization for U.S. military action against the Syrian regime of Bashar al-Assad.

Instead, over the last day and a half, Obama's threat of an imminent military strike receded as fast-moving diplomatic negotiations unfolded in a standoff over Syria's chemical weapons stockpile.

While the shift gives Obama an opportunity to escape a likely defeat in Congress, it throws him into unpredictable negotiations with Russian President Vladimir Putin, Assad's most powerful patron and a leader who has emerged as a chief antagonist of Obama during his second term. BLOOMBERG

President Barack Obama addresses the nation last night. / GETTY IMAGES

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MBAs: Earn while you learn?

ESADE MBA candidate James Doherty, far right, is seen here with his Origin team. / PROVIDED

Part- or full-time?

While there is a financial and professional case for it, working while studying for an MBA can pose challenges.

Full-time MBAs are called that for a reason — if you sign up for one, you're going to have to wholly dedicate yourself to business education for 12-24 months.

However, this doesn't mean that some enterprising students don't work while they study. One such example is ESADE MBA candidate James Doherty, co-founder of Origin, a startup which lowers costs for small businesses in India by aggregating costs.

The main challenge, he says, is ensuring neither work nor school is neglected: "A potential drawback is losing focus. Am I going to devote time to making sure the business runs smoothly or spend that time making sure I pass classes?"

For those who want to continue working while they study for an MBA, a more plausible option might be to consider a part-time format designed for those who want to continue working — a partially online program in which modules can be taken at the candidate's own pace, or for the more experienced candidate, an executive MBA (EMBA).

Alejandro Casasempere is enrolled on the latter format at IESE Business School. He warns that, even though the EMBA is part-time, time management is still a major challenge: "It is difficult to give 100 percent of your attention to a management position and an EMBA simultaneously. Both require your undivided attention."

However, these time-management challenges are edifying in themselves, says Pamela Brady, who heads up the EMBA program at the University of Texas at Dallas' Naveen Jindal School of Management. "One of the unexpected outcomes of working while pursuing an MBA is the refinement of your time management skills, which is transferable to all facets of your life."

Topmba.com is the place to learn about MBAs, see the latest QS top MBA rankings and meet the best business schools in the world.
QS TOPMBA

Double duty

"A potential drawback is losing focus. Am I going to devote time to making sure the business runs smoothly or spend that time making sure I pass classes?"

James Doherty, co-founder of Origin

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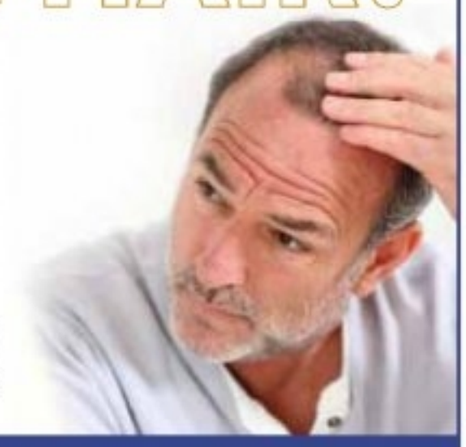

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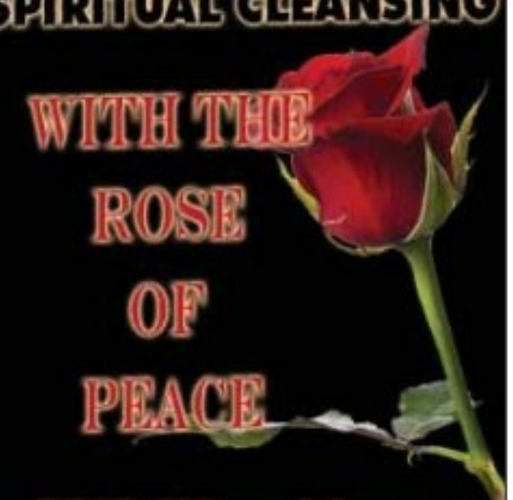

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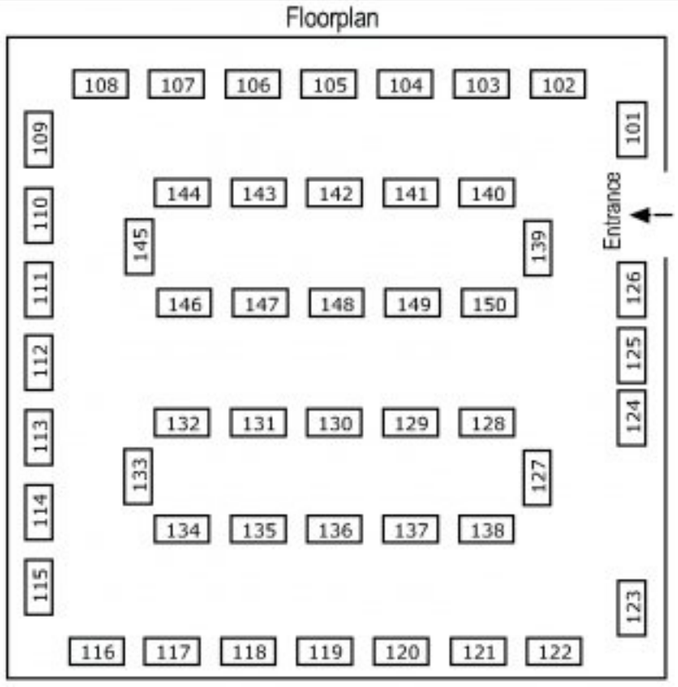

Seminars

Times	Seminar Room: Freedom	Times	Seminar Room: Freedom
4:00 pm - 4:30 pm	Info Session **Information about our MBA program** By University of Toronto, Joseph L. Rotman School of Management	6:30 pm - 9:00 pm	**FAIR OPENS** **Back Bay Grand**
4:30 pm - 5:00 pm	Info Session **Information about our MBA program** By Worcester Polytechnic Institute	6:30 pm - 7:15 pm	GMAT presentation **De-mystifying the GMAT** By GMAC
5:00 pm - 5:45 pm	Info Session **Masters focused information sessions from Top Business Schools**	8:30 pm - 9:15 pm	Alumni Career Panel **Alumni panel from Harvard, Columbia & Wharton** By Admit Advantage
5:45 pm - 6:30 pm	Panel Discussion **Getting into business school** By Copenhagen, Temple, Vandebilt, Boston Univ. & IE B-School		

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129 Copenhagen Bus.Sch.	**UNITED KINGDOM**	105 Drexel	119 Temple Univ. - Fox	146 Univ. San Francisco
HONG KONG	121 Univ. Of Liverpool Mgmt Sch.	136 Drucker Sch.Mgmt.Claremont	114 Texas A&M Univ. - Mays	111 Univ. Wisconsin - Madison
118 HKU	**USA**	133 Fordham Univ. GSB	140 Thunderbird	107 Vanderbilt Univ. - Owen
MULTI-CAMPUS	131 American Univ. - Kogod	109 George Washington Univ.	128 UC Irvine - Merage School	144 Washington Univ. - Olin
139 Hult Int'l. Bus. Sch.	148 Babson Coll. - Olin	139 Hult Int'l. Bus. Sch.	142 UC San Diego - Rady School	116 Worcester Polytechnic Inst.
SPAIN	110 Baruch Coll. - Zicklin	127 Johns Hopkins Univ.	122 UMass Amherst - Isenberg	
106 IE Bus. Sch.	117 Bentley Univ.	123 Northeastern Univ.	149 Univ. Connecticut	
	115 Boston Coll. - Carroll	113 Simmons GSM	138 Univ. Maryland - Smith	

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2

CULTURE

THE WORD

Dorothy Robinson takes on the world of gossip.

DOROTHY ROBINSON
@dorothyatmetro
dorothy.robinson@metro.us

1 The Situation gives Snooki tips for 'DWTS'

Mike "The Situation" Sorrentino wishes nothing but the best for his former "Jersey Shore" roomie Nicole "Snooki" Polizzi's turn on the new season of "Dancing with the Stars" — but he does wonder if she's got what it takes to last in the competition. "I don't know if she's gonna be able to do four rounds, because I did four rounds of 'Dancing with the Stars' when I went and it's not as easy as she thinks," the reality star told Metro on Tuesday, during a discussion about his addiction to prescription painkillers (more on that in an upcoming issue). The new mom can at least count on some votes from her former smoosh buddy: "I will be watching, I will be voting, but I don't know if she's gonna go four rounds," he says.

With reporting by Meredith Engel

NICOLE "SNOOKI" POLIZZI
ABC VIA GETTY IMAGES

MIKE "THE SITUATION" SORRENTINO
GETTY IMAGES

2 Jane Lynch is paying a hefty alimony

JANE LYNCH
JASON MERRITT

Now that gay marriage is legal, gay divorces are a very real, very expensive thing. Case in point? Jane Lynch's divorce from Lara Embry, which is shaping up to be a pricey one indeed. The "Glee" star is reportedly being asked to pay more than $90,000 per month in spousal support to Embry for an annual total of $1.1 million, according to TMZ. A document filed last week lists monthly expenses including $12,000 for entertainment, $5,000 for charitable donations and $4,500 for meals at restaurants, though $59,909 of the amount requested is meant to go toward "unknown" expenses. The pair separated earlier this summer after three years of marriage. Lynch seems OK with the development, at least, telling a photographer outside a West Hollywood cafe, "I think it's the law, isn't it? I think it's the law, so I go with the law." Way to take it on the chin, Jane.

3 Cyrus smashes records with 'Wrecking Ball'

Sorry, One Direction. Sorry, Syria. Sorry, New York City mayoral race. Sorry, 12th anniversary of 9/11. It's all Miley, all the time. The singer's new video for "Wrecking Ball," where she rides on a wrecking ball in boy underwear (or nothing at all!) and cries a lot and wags her tongue, is breaking page view records with a whopping 15 million views in less than 24 hours, according to video host Vevo.

"Wrecking Ball has officially beat the @VEVO record. ?????????thank you smilerzzzzz" she tweeted. The former record was held by British boy band One Direction with 10.9 million views for "Best Song Ever." But then again, they kept their clothes on.

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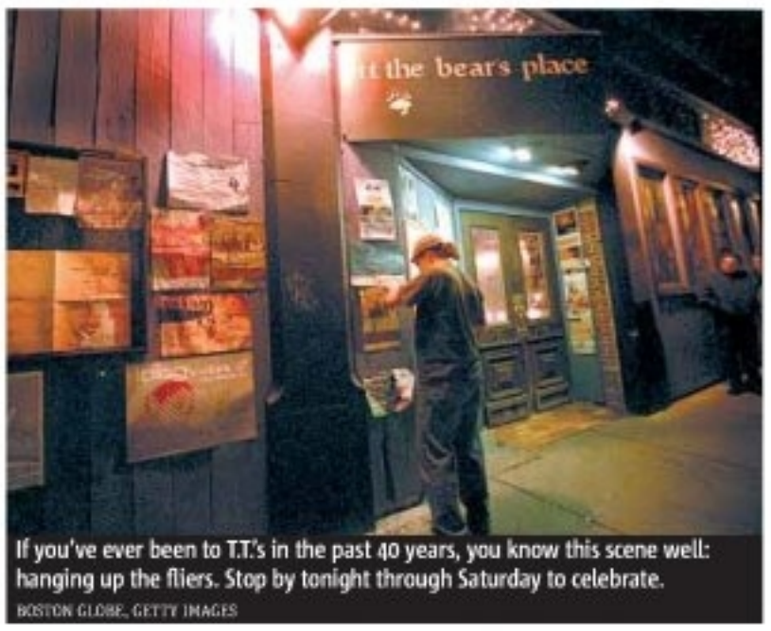
T.T.'s celebrates 40 years of rock

Local lore. Beloved club T.T. the Bear's squeezes four decades into one big week.



If you've ever been to T.T.'s in the past 40 years, you know this scene well: hanging up the fliers. Stop by tonight through Saturday to celebrate.
BOSTON GLOBE, GETTY IMAGES

Richard Bouchard cautions people looking to celebrate 40 years of the Boston rock club T.T. the Bear's Place not to put too much stock in the online calendar.

"Plan on coming for the night and not for a specific band," says the booker, "because the band you're coming for probably isn't going to play at exactly the time that's on the calendar, and there will be surprises you won't want to miss."

Bouchard was born a good five years after T.T.'s opened, but a lot of what's special about the anniversary celebration is the mix of people who were there for the club's formative years and the people who keep the club in business today.

"We reached out to lots and lots of bands from the past," says Bouchard, who was brought on to do local booking in February and took on the gig as full-time booker in June.

He says one of his favorite memories of the club is one he barely remembers: "I saw The Sheila Divine here for a reunion show on an afternoon for St. Patrick's Day where they were also giving away free Irish whiskey, so that was a complete mess."

The anniversary party kicked off Sunday with longtime local music champion Anngelle Wood broadcasting the proceedings. The lineups are eclectic: Tonight includes a local supergroup paying tribute to the songs of Morrissey and The Smiths. Friday night's lineup includes newbies like The Field Effect and acts that lit up the scene in the late '90s like The Gravel Pit and The Sheila Divine. No word on if free whiskey will be available this time.

PAT HEALY
pat.healy@metro.us

Witnessing magic

Reaching Nirvana

The 300-capacity club has played host to scores of bands that have gone on to play much bigger venues; The Arcade Fire, The Shins and Nirvana, to name a few. So does Bouchard know when he's seeing an act that's soon bound for bigger and better?

"It's tough to say," he says, "because I get so into it every time that I always think it's magic and these bands are going to be great."

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Putting a price tag on the Empire State Building

Thor Equities is offering $1.4 billion for the skyscraper. / GETTY IMAGES

Offer. Thor Equities raises its offer to buy the iconic New York skyscraper.

Thor Equities LLC, one of New York City's biggest landlords, on Monday raised its offer to buy the Empire State Building, hoping to trump a plan to roll the landmark property into a trust, according to sources familiar with the matter.

Thor has offered to buy Empire State Building Associates LLC, which owns the land, the building and the master lease on the historic tower, for $1.4 billion in cash, significantly higher than the $1.18 billion the limited liability company is estimated to be worth should it become part of a publicly traded real estate investment trust (REIT). Thor's previous offer was $1.25 billion, according to a source.

The latest offer comes on the heels of the rejection of several offers. But it is significantly bigger than the previous ones and could pose difficulties for Malkin Holdings LLC, which not only spearheaded the plan for the publicly traded real estate investment trust, but also is the sponsor leading investors in the building.

Empire value

The building has been appraised at $2.53 billion and has an exchange value, or value in an IPO, of $2.35 billion.

The offer is the latest salvo in a complicated, long-running battle for control of the building involving dissident investors and some of New York's biggest real estate owners.

The sale would be an alternative to the REIT, which already has the approval of nearly all the investors in the building, which was the world's tallest from its completion in 1931 until 1972. More than 80 percent of the investors would have to approve any sale.

The building has been appraised at $2.53 billion and has an exchange value, or value in an IPO, of $2.35 billion. About $1.16 billion of that is allocated to Empire State Building Co LLC, which has the sublease on the building that effectively gives it control of the property until 2076, according to documents filed with the Securities and Exchange Commission.

The Helmsley Trust, which wants to sell its stake, owns a 63.8 percent interest in Empire State Building Co LLC.

About 2,800 investors hold the 3,300 units in Empire State Building Associates. As supervisor of the investors in Empire State Building Associates, Malkin Holdings has a fiduciary responsibility to consider other offers for the property and act in their best interest. Thor's offer would allow the investors to remain owners, if they choose.

Last week, Malkin Holdings notified investors that after having engaged Lazard Freres & Co. LLC as an independent financial adviser, it would stay the course with the IPO of the REIT. It gave no further explanation of the decision and a representative declined additional comment. Those offers were generally in line with the appraised and exchange values.

A representative for Thor could not be reached for immediate comment and a spokesman for Malkin Holdings declined to comment on the offer.

Anthony Malkin is president of Malkin Holdings. His father Peter is chairman. The family has a 15.43 percent stake in Empire State Building Associates and a 6.7 percent stake in Empire State Building Co. Anthony Malkin's grandfather, Lawrence Wien, in about 1961 created Empire State Building Associates to raise the money to buy the master lease on the property, by selling 3,300 units to individuals for $10,000 per unit. REUTERS

PLUS

By the numbers

Empire Stats

The Empire State Building took just one year and 45 days to build. That's 7 million hours of manpower, by the way.

On a clear day, visitors atop the building can see 80 miles out into New York, New Jersey, Connecticut, Pennsylvania and Massachusetts.

It stands 103 stories tall (that's 1,250 feet to top floor).

Every year, runners competing in the Empire State Building Run-Up race up the stairs to the 86th floor — that's 1,576 steps!
via CNN.com

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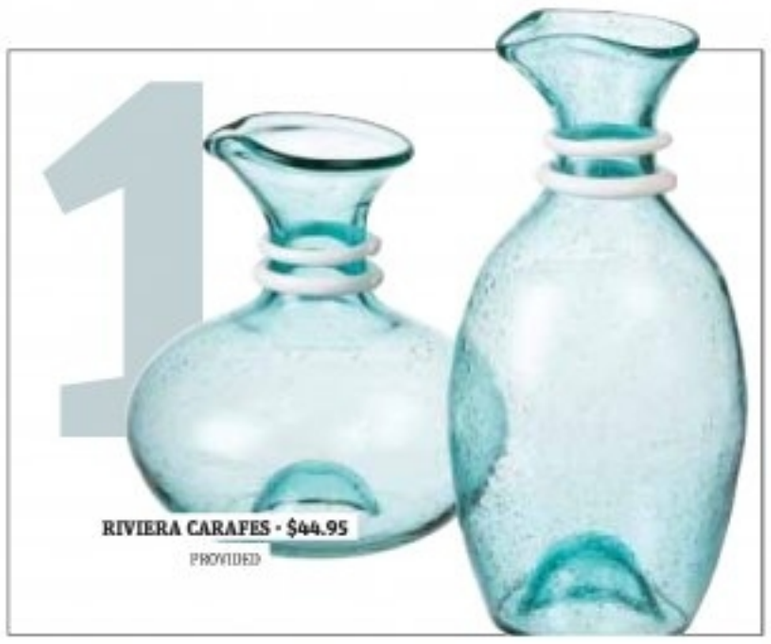
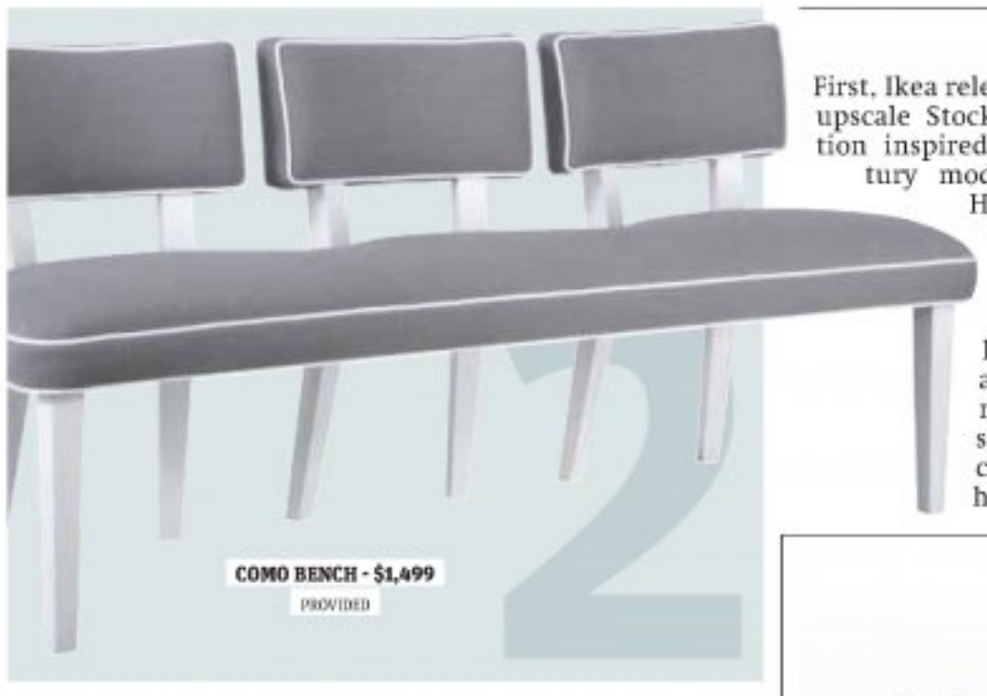
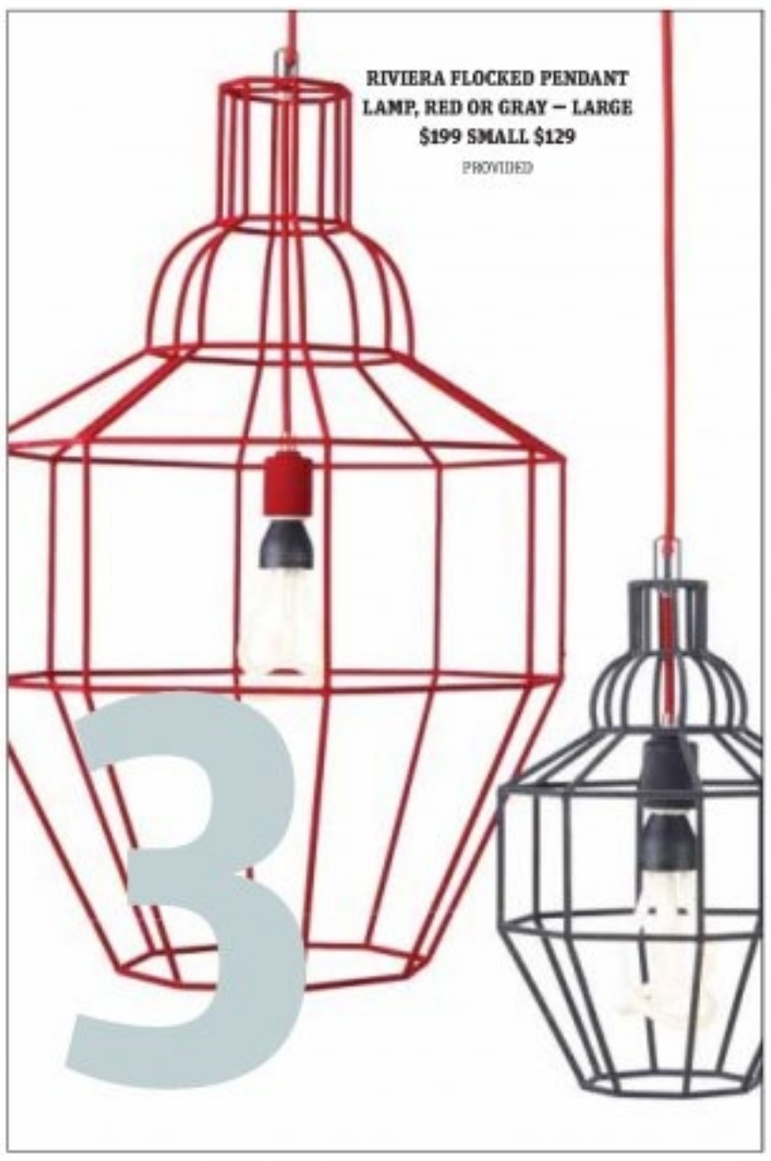
Crate and Barrel and Paola Navone bring the party to your place

Style. This fall, your wardrobe isn't the only thing getting revamped.







First, Ikea released its sleek upscale Stockholm collection inspired by mid-century modern classics. H&M followed with the launch of their much-anticipated home line and e-commerce site — seriously, the copper candle holders and knit throws look straight out of a high-end boutique. Now, Crate and Barrel is leaving us no choice but to start hosting.

The furnishings brand partnered with renowned Italian interior designer Paola Navone — a wiz at creating funky, modern decor inspired by Asian and African handicrafts — for three collections, the first of which centers on "casual entertaining."

So what exactly do casual shindigs mean for Navone?

Based on the first installation — launching exclusively on Crateandbarrel.com this week — we'd say a packed dinner party with lots of good eats. The designer created tabletop essentials, including platters, bowls, cutlery sets and linens in electric blue-and-white patterns (she was inspired by the Mediterranean). To shake things up, pops of red appear on a swirly candleholder and industrial lights, and a woven chair with reclaimed teak legs add warmth.

The collection also includes 11 dining table options, which shoppers can mix and match with nine seating styles. Our favorite is the gray and white Como bench, complete with elegant backrest.

No one's leaving our table hungry — or with a backache.

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Condo Wars

By Attorney George Warshaw

Speak with any condominium lawyer and the discussion often turns to infighting between condo owners and the condo trustees or managers. Some disputes are ridiculous, but oftentimes they involve significant rights or restrictions affecting the use of one's home or adjoining common areas.

Many condominium by-laws, give a unit owner the right to resolve disputes through arbitration.

How does arbitration work?

The parties present their contentions to an arbiter (or a panel of three). The arbiter acts like a judge and makes a final decision that is binding on all parties. Appeals to a court from an unhappy decision are very difficult to reverse.

By-laws will either designate a specific arbiter, such as the American Arbitration Association (AAA), or leave it to the parties to choose someone agreeable.

Arbitration is not free, and often not fast. Many times the by-laws require that the cost be split between the owner and the trustees; but quite frequently the cost is paid solely by the owner or whichever party "substantially prevails."

Choice of arbiter is critical to cost and speed. It is usually worthwhile for the parties to price shop and agree on an arbiter that is cost effective and can bring the matter to a conclusion in the shortest period of time.
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George Warshaw is a well-known attorney and author. He represents buyers and sellers of homes and condos in Massachusetts, litigates real estate matters, and prepares wills, trusts, and estate plans. George welcomes new clients and questions. Contact him at metro@warshawlaw.com

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Here's to a new Millennium

Millennium Place welcomes its first residents next month. / MILLENNIUM PARTNERS

Gentrification.
Downtown Crossing gets two swanky new projects.

This fall, Downtown Crossing continues its transformation from mostly seedy retail mecca to upscale neighborhood with two mixed-use projects on Washington Street — one completed and one just underway — that bring a dramatic change to the area along the lines of when the city-sanctioned red light district known as the Combat Zone took over in the early 1960s.

Those projects — Millennium Place, which welcomes its first residents in early October, and the nearby Millennium Tower-Burnham Building, where preliminary work began this spring — will add new retail and office space and also bring more than 700 homes to the area. The homes start at $750,000 for almost 800 square feet, with some expected to sell for several million.

"There's no question about it, it's a huge change," says Richard G. Baumert, partner at Millennium Partners, which also developed the nearby Ritz-Carlton Hotel and Towers and Sports Club/LA on adjacent Avery Street. "It's very similar to when we did the Ritz project in 2001, how that initiated a huge change in what was a rundown, forgotten area."

A rendering of Millennium Tower
MILLENNIUM

To some, this advances Downtown Crossing's gentrification into a "one percenter" playground. However, beautiful historic buildings like the Opera House and the Paramount Theatre recall a time when ladies visiting Downtown Crossing shopped for corsets — not danced on stage in them. Perhaps, then, the area is also reclaiming its original charm.

Clearly, the marketplace is strong: The 15-story, 256-unit Millennium Place sold in less than a year. When Millennium Tower is finished, by 2016, the 625-foot tall building will change both the neighborhood's and Boston's vistas.

"The major difference between Millennium Place and the Tower will be the views," says Baumert. "You can't find views like the Tower's upper floors anywhere in Boston. The only view that would compare would be from a helicopter."

LINDA CLARKE
letters@metro.us

All pros

"The major difference between Millennium Place and the Tower will be the views."
Baumert

Driving force

Starting party

Mayor Thomas M. Menino will preside over a private commencement of construction on the Millennium Tower and renovation of the Burnham Building Tuesday, Sept. 17, at 10:30 a.m. at the intersection of Washington and Summer streets.

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Fashion Week: The bold and beautiful

J.Crew girls got beachy. / GETTY IMAGES

Donna Karan

Donna Karan has become a bit of an earth mother; her clothes increasingly reference nature in some form or another. This collection works with a similar theme as another designer's I saw, Karen Walker — the New York meets India idea — but the end result is completely different. Whereas Walker was dressing the hipster on that quarter-life crisis self-discovery mission in the East, Karan is speaking to the older woman who considers far-flung places a second home, whose wardrobe reflects her travels and worldview. There are sinewy dresses and sarong skirts, airy shirts and languorous outerwear. It's not the most ground-breaking collection from Karan, but her loyalists shopping for work and play will probably not even care. KENYA HUNT

Donna Karan New York
WIREIMAGE

J.Crew pre-show

It's been 10 minutes since the doors opened and the venue is already over capacity. You'd think there was a Justin Timberlake/Jay-Z concert going on. TINA CHADHA

J.Crew

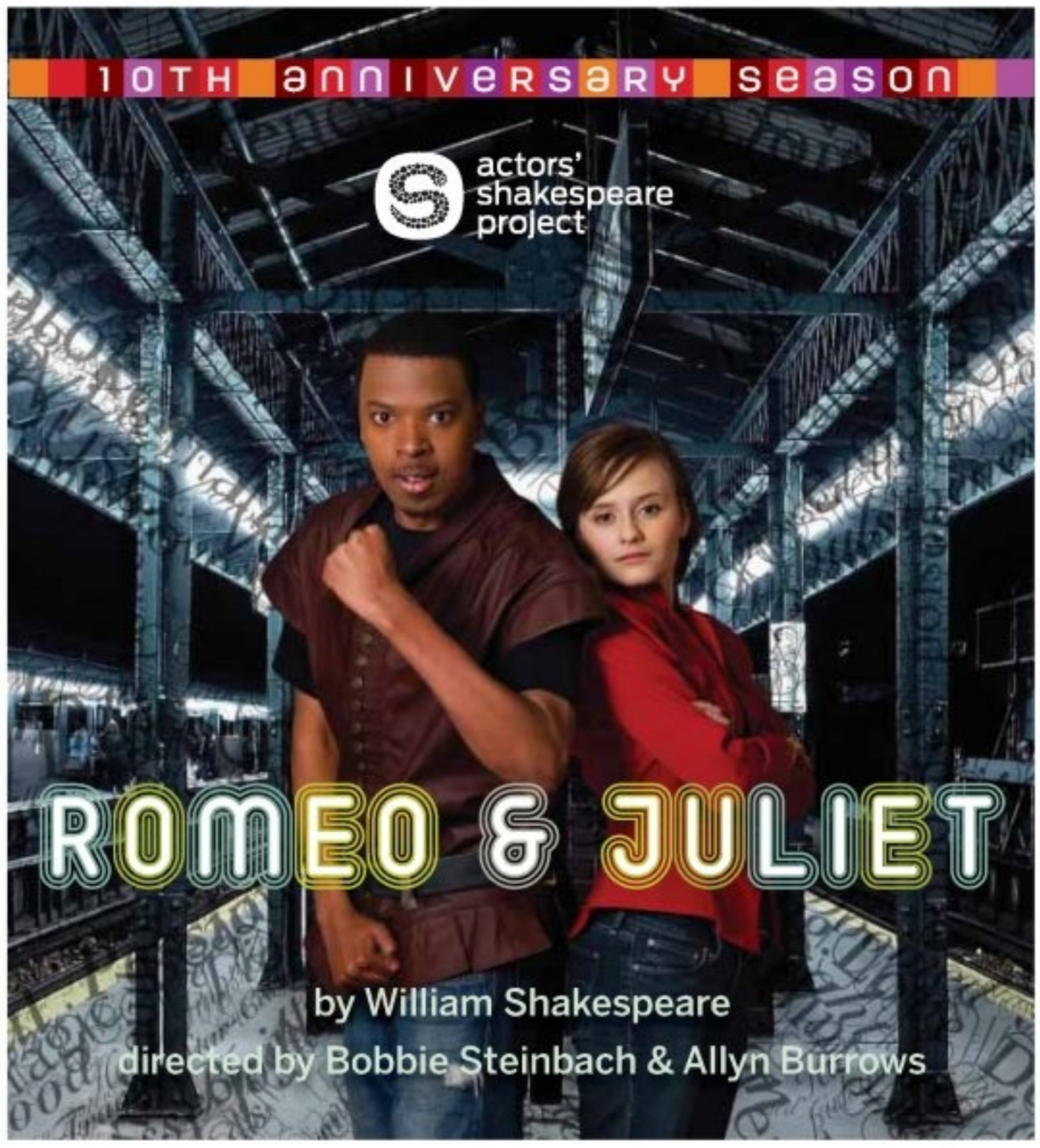
Before we even get to the clothes, let's discuss the spot-on styling and accessories. The models are wearing fun, hot pink pouts, cool sunnies and statement jewels, but the shoes stand out most. The first thing that catches my eye is a pair of tan cut-out booties with bead detailing. A quick scan of the room reveals many more lust-worthy pairs: quirky floral pumps, strappy tie-ups in rainbow colors and classic weave sling-backs, which all complement the collection of neon-bright sportswear and tailored classics here.

California surfers coupled with imagery of turn-of-the-century Venetian coasts provided the jumping-off point for womenswear designer Tom Mora. That yielded looks a bit dressy, yet laid-back, in classic Jenna Lyons style. TINA CHADHA

Seen in the front row

Christina Hendricks
at Carolina Herrera

Kristen Connolly
at Alice + Olivia



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As we've all had pounded into our collective heads, now is not a great time to be a student. Debt has skyrocketed, and higher education largely exists to get the kind of fancy jobs that can pay back the school you attended to get said fancy job. It's more advisable to learn a blue collar trade that will prepare you for the looming apocalypse that will probably never happen.

But if you can't resist the call of continuing education — or, worse, if you've been stupid enough to get into a graduate program — you might as well exert the minimum amount of self-control. By that, we mean fiscal responsibility. Though Mint, an app that tracks your spending, can be used by all, it's of particular use to those essentially throwing digital money to the wind.

Mint hooks up with your various accounts to remind you how much you're spending at all times. Those expensive rare textbooks? Those whimsical trips to the bar to hobnob with fellow students you'll never remember? Those "why not?" food truck trips you made because the quinoa dish you made the night before suddenly wasn't so sexy? It tabulates all that and throws it in your dumb face — and that's on top of all the student loans that pile on your back. Of course, even if you track every last cent, you're still going to wind up destitute.

This is what SelfControl looks like. Can you imagine two hours without Facebook, Tumblr or Flickr? Terrifying, isn't it?
PROVIDED

With Mint, you track your spending — all your very wasteful spending. / PROVIDED

SelfControl

Cost: Free

Speaking of self-control, there's SelfControl, an app that blocks fun sites you'd rather visit than study or write papers. It's easier than ever before to be lured away from monstrously dense academic tomes whose tangled sentences and willful obscurantism mysteriously put you to sleep. Yet they have to be read, and papers you will delude yourself into thinking are good, let alone make basic sense, have to be pounded out in fits of mad fury. SelfControl allows you, in a bout of logic, to schedule times for certain fun sites to be blocked, so that no one can drag you into the murk of comic book movie casting rumors and the like. And on the flip side, it gives your followers/friends periodic breaks from tweets and status updates that do little but complain about mental collapses during finals hell week.

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Tech news

Nissan introduces a smart watch (seriously)

Consumer electronics companies and chipmakers aren't the only players entering the wearable tech space. Nissan is also joining the fray, with what it alleges is the first smart watch to connect car and driver.

Right now, the target of the Nismo Watch are drivers of Nissan Nismo cars. Nismo is Nissan's motorsport and performance division. It's responsible for supercars, race cars and ridiculously tricked-out performance kits.

As such, the Nismo Watch is focused on a very specific audience and its feature set is different from your standard smart watch, in that it's less about connecting to your smartphone and more about connecting to your car. Here are some of the things the Nismo Watch can do:

- Connect to the car using a smartphone app
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Denise Austin wants you to walk this way

Fitness. The exercise pro says that you can make your casual daily stroll a calorie-torching workout.

The Mayo Clinic says that adding 30 minutes of brisk walking to your daily routine will burn about 150 more calories a day. / PROVIDED

As a 30-year veteran of the fitness world, with over 100 instructional DVDs to her name, Denise Austin has likely seen every fitness trend out there. However, one workout routine that she swears by is one of the simplest forms of movement: walking.

For Austin, however, simple walking is not a complete workout. The fitness expert's latest DVD, "Fat Burning Walk" is a 30-minute program for home use. While you might not think of walking as a high cardio activity, Austin says you should reconsider.

"I keep the heart rate up for 30 minutes — that's when the fat starts burning," she says. "I take you through some intervals that pick up the speed. When you do all the moves, it's a great combo of muscle conditioning and cardio."

The DVD begins with a warm-up and ends with a cool down and, in between, there are exercises for arm toning, leg strengthening, butt sculpting and waist-whittling.

Austin says that anyone can do this kind of workout — even those who find exercise difficult. Also, unlike running and extreme interval training, the moves in "Fat Burning Walk" are easier on the joints.

"It's great for people who travel and want to keep up their exercise regimen while they're away," Austin says.

"It's designed to be convenient and stress-free. It's designed to make you feel self-accomplishment, because it is designed for success. And success makes you feel good about yourself."

Quoted

"It's great for people who travel and want to keep up their exercise regimen while they're away."

Austin

LINDA LABAN
linda.laban@metro.us

Try it

The moves

Everyone knows how to walk, but here are some exercises that complete Austin's workout.

1 "Work your glutes, thighs and upper body with this exercise. Kick your leg up; consider it like a backward leg curl paired with an arm curl to the front to really feel it."

2 "Work those arms and your upper body while reaching your steps goal. Really do strong punches while extending your arms."

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Horoscope

♍ Virgo | Aug. 23-Sept. 22.
A break will do you good and help you rethink your approach to life. Altering your living arrangements will be emotional but ultimately beneficial.

♎ Libra | Sept. 23-Oct. 22.
Avoid high-pressure situations today. Appeal to the emotional side of anyone making unreasonable demands. Make adjustments to the connections that are standing in the way.

♏ Scorpio | Oct. 23-Nov. 21.
Make your home more efficient and compatible with your lifestyle. A change of plans can be used to your advantage, but you must be prepared to roll with the punches.

♐ Sagittarius | Nov. 22-Dec. 21.
Use your energy wisely. Take advantage of any chance you get to increase your worth. You can cut corners at home by setting a strict budget.

♑ Capricorn | Dec. 22-Jan 20.
Love, romance and adventure should be included on your to-do list. Broaden your outlook, explore new places and indulge in events or activities that you find motivational.

♒ Aquarius | Jan. 21-Feb 18.
Let your emotions take over when it comes to dealing with a domestic situation. Don't be stingy with your take on matters. A new source of income encourages you.

♓ Pisces | Feb. 19-March 20.
Get out and get involved today. Meeting with people interested in unusual activities or hobbies will enrich your life. Romance should highlight your day.

♈ Aries | March 21-April 20.
There's no need to act with undue haste. You have more options than you realize, so examine the pros and cons.

♉ Taurus | April 21-May 21.
Aggressive action will get the job done but also create opposition. It might be a good idea to work secretively until you have everything in place. It may take longer, but you will avoid discord.

♊ Gemini | May 22-June 20.
Call in favors and you will get a job done quickly, enabling you to do something enjoyable later on. If you let those who helped you in on the fun, you'll develop a support network.

♋ Cancer | June 21-July 22.
Strive for excellence in whatever you pursue. If you get outside your comfort zone, you could learn some valuable information. Question what isn't working in your life.

♌ Leo | July 23-Aug. 22.
Don't leave anything to chance. Make moves that are unusual and unexpected, yet shrewd. Using the element of surprise will give you the advantage.

BERNICE BEDE OSOL

Letters

9/11 unified America

As a firsthand witness to the destruction of the World Trade Center, my lingering memory is less about the perpetrators' callous disregard of human life than the unification of my fellow New Yorkers. Individual walls came down and the playing field, from CEO to messenger, was leveled as New Yorkers pulled together and opened up in a heart warming manner. The tragedy of 9/11 left me with the indelible feeling that in times of crisis, our nation will move beyond our differences and remind the world why we are named the "United" States of America.

ROBERT CAPRARO, VIA EMAIL

Agent Orange not meant as weapon

Re: 'US policy is full of gas' (Metro, Sept. 10) In his letter, Calvin Davis asserts that the United States used chemical weapons (Agent Orange) in Vietnam from 1961 to 1971, killing 400,000 people and causing 500,000 birth defects. There are several factual errors with his assertions. First, Agent Orange was not used as a chemical weapon, but rather as an herbicide/defoliant to deny the VC large swaths of the countryside. It was not until later that the tragically debilitating effect of Agent Orange on human beings was determined. If Agent Orange had been intended as a chemical weapon, the U.S. would not have exposed large numbers of its own soldiers to it, as was the case. Incidentally, that the U.S. government refused to take responsibility for the health problems suffered by Vietnam veterans exposed to Agent Orange is scandalous, but it is not related to use of "chemical weapons." Second, the absurd death toll reported by Mr. Davis of 400,000 is the number supplied by the Vietnamese government of those killed or maimed, NOT killed.

JOSEF BOBICK, VIA EMAIL

letters@metro.us

Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.

Sudoku: Easy and hard

				6	3			
3		6	1			8	9	5
	7		5					4
				5		4		2
			9	2	4			
2		8		7				
6					9		5	
7	9	3			5	6		8
			4	8				

	2		5			3		
	4	1			6		5	7
					9	1		
	6		1		7	4		
		5				8		
		2	9		5		3	
		4	6					
2	3		4			9	6	
		6			3		4	

How to play
Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Crossword

Across
1 Primitive weapon
6 Kadiddlehopper
10 "Huh?"
14 Compelled (2 wds.)
15 Hacks off
16 Sci-fi award
17 Crime fighter — Ness
18 Turmoils
19 Bowie's wife
20 Obsolete printer (2 wds.)
22 Take the wheel
23 Ancient colonnade
24 Ceded
26 Double helix
29 Regal symbols
31 Lab course
32 "Gross!"
33 Warden's fear
34 Beethoven's "Moonlight —"
38 Cafe au —
40 Lots of money
42 Seize
43 Maui verandas
46 Loaded with calories
49 Movie popcorn size
50 Before, in combos
51 Scale button
52 LAX info
53 Amber wine
57 Transvaal settler
59 Mideast VIPs
60 He packs it away
65 Bus alternative
66 Water or tel.
67 Ore analysis
68 British school
69 Annan of the U.N.
70 Recoil
71 Onion goody
72 Guitarist — Clapton
73 Applies caulk

Down
1 Lean-to
2 — Alto, Calif.
3 Make changes
4 Quark homes
5 Muscle type
6 The "It" girl (2 wds.)
7 1796 Napoleon victory site
8 Strong adhesive
9 Future bks.
10 Spinning
11 Dank
12 Tequila cactus
13 Not flabby
21 Ms. Spelling
22 1920s look
25 Soyuz destination
26 Sour pickle
27 Rose Bowl org.
28 Quite similar
30 Get underway
35 Funny Johnson
36 Tight as a drum
37 "Fernando" band
39 Narrowing down
41 Evil
44 Orchid-like blossom
45 Sun. homily
47 Cornfield robber
48 Rude laughs (hyph.)
53 Kind of maid
54 Fine violin
55 Mason- — line
56 Cast member
58 "— the Riveter"
61 LP player (hyph.)
62 Annapolis inst.
63 Table salt
64 Changes color
66 Luau strummer

Yesterday's answer

C	H	O	P	■	L	I	T	U	P	■	F	L	A	G
H	O	L	E	■	A	T	A	R	I	■	L	E	N	A
I	D	E	A	■	Y	A	K	E	T	Y	A	K	S	■
■	■	■	L	I	S	L	E	■	H	U	R	R	A	H
■	S	P	I	F	F	Y	■	S	I	L	O	■	■	■
A	L	O	N	S	O	■	C	H	E	■	D	U	O	S
D	I	N	G	■	R	A	R	E	R	■	S	N	A	P
D	V	I	■	■	M	E	A	■	■	■	A	T	A	■
L	E	E	R	■	L	I	A	R	S	■	E	W	E	R
E	R	D	A	■	I	S	M	■	P	A	P	E	R	S
■	■	■	N	A	B	S	■	S	O	L	I	D	S	■
O	R	A	C	L	E	■	D	E	N	T	S	■	■	■
R	E	D	H	E	R	R	I	N	G	■	T	R	A	P
G	A	Z	E	■	A	B	A	S	E	■	L	E	S	E
S	L	E	D	■	L	I	N	E	D	■	E	X	I	T

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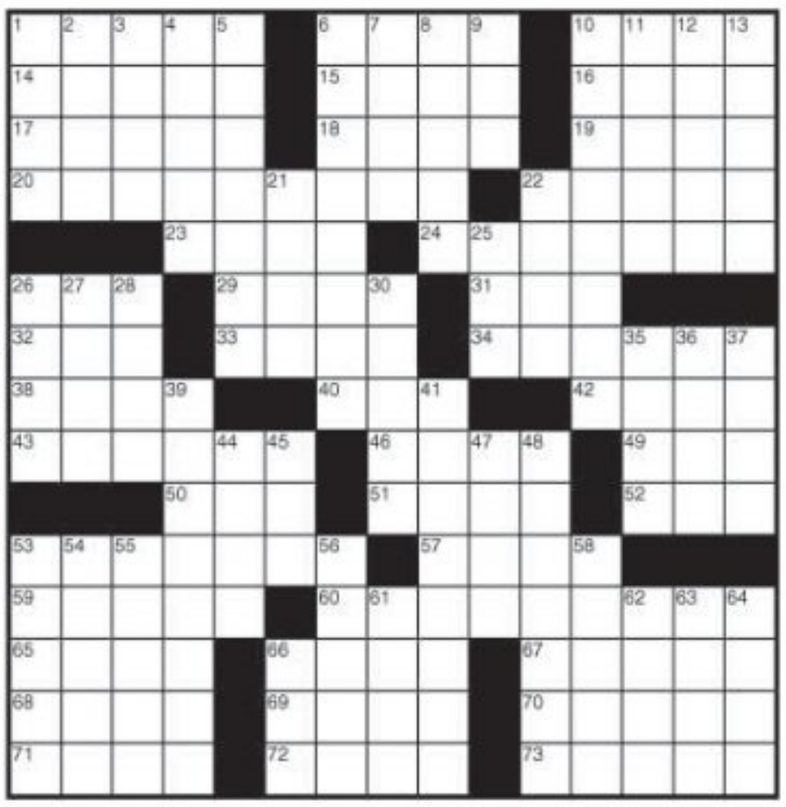

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RED SOX WINNING IT ALL WOULD BE RANDOM, SO BET ON IT

Opinion

MATT BURKE
MATTHEW.BURKE@METRO.US

Clear your minds, September 2011 deja vu goons. The 2013 Red Sox are going to the playoffs.

In fact, the bearded warriors are the favorites to represent the American League in this year's World Series. Vegas odds are currently 4-1 that they win the whole damn thing (second only to the Dodgers at 5/2, according to Vegasinsider.com).

But the feeling in Boston is currently that of cautious optimism. Nothing more.

The 2013 Red Sox have a 2004 Red Sox feel as opposed to a 2007 or (gasp!) 2011 Red Sox feel. They are more 2001 Patriots than 2007 Patriots. They are favorites — but at the same time, the underdogs. It's a wonderful place to be as a fan.

So can these guys actu-

Randomness rules

Baseball, a game once dominated by dynastic teams, is now dominated by randomness.

ally do it? Oh, hell yeah!

The best reason why the Sox could win their third title this century may be because of just how damn random baseball has become. We haven't seen back-to-back World Series champions since the 1999-2000 Yankees. Last season's champs, the San Francisco Giants, are 65-79 this season, good for last in the hideous NL West. The 2011 World Series champs, the St. Louis Cardinals, missed the playoffs entirely the year prior to winning it all. Ditto for the 2010 Giants, the 2009 Yankees, the 2007 Red Sox and 2005 White Sox.

In other words, in some years things just click.

The baseball playoffs have become just as random as the NFL playoffs and NHL playoffs. In the NFL, the 10-6 Baltimore Ravens and 9-7 New York Giants have won the last two Super Bowls. We saw with the Bruins just this past spring that the oddest of circumstance (the Game 7 win over Toronto in the first round) can spring a run to a Cup Final.

Baseball, a game once dominated by dynastic teams (the '90s Yankees, the '70s Reds and A's, the '50s and '30s Yankees), is now dominated by randomness.

Throw into the mix that this year's postseason field will be filled with fluke teams and you have even more reason to believe that the Red Sox have just a good a shot at the Commissioner's Trophy than anyone else.

The Dodgers were 30-42 on June 22. The Red Sox scored 20 runs on the Tigers just last week. The Cardinals will be relying on guys named Lance Lynn and Shelby Miller in October. The Braves' pitching staff is equally pedestrian.

It's shaping up to be a magical few months for the Sox. / GETTY IMAGES

The Red Sox are currently trying to figure out what to do with all these healthy starting arms. They have the hottest closer in the game. Their lineup features nine guys who have all proven capable of coming up with a clutch hit.

The Sox are as stacked as an MLB team can be these days, mainly because randomness rules.

Ailing Amendola

Amendola likely to miss Jets game

Patriots receiver Danny Amendola is unlikely to play in tomorrow night's game against the Jets (8:25 p.m., WCVB-5/NFLN), according to multiple reports.

Amendola seemed to have reinjured his groin in the Patriots' 23-21 win over the Bills Sunday, though he played through the pain, churning out a 10-catch, 104-yard outing. METRO

Time for Tim?

Thomas itching for a comeback

The Florida Panthers are one of several teams interested in bringing in former Bruins goaltender Tim Thomas for a tryout, ESPN reported yesterday.

The two-time Vezina winner did not play in the NHL in the 2013 lockout-shortened season. Training camps around the NHL open today. METRO

3 SPORTS

Watch online

Find a recap and video from last night's Red Sox-Rays game at: **Metro.us/sports.**

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A Petition has been filed by:
Richard C. Van Nostrand of Worcester MA

Requesting that an Order of Complete Settlement of the estate issue including to approve an accounting and other such relief as may be requested in the Petition. For the First and Final Account.

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before 10:00 a.m. on 10/03/2013.

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an Affidavit of Objections within thirty (30) days of the return date, action may be taken without further notice to you.

WITNESS, Hon. Joan P Armstrong, First Justice of this Court.

Register of Probate

Date: September 03, 2013 — Patricia M. Campatelli, Register of Probate

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Choose from the newest styles.

25% off Women's Lord & Taylor separates

Extra $20 off Women's already-reduced cashmere sweaters *Savings Pass not applicable.*

Buy One, Get 50% off your 2nd Fall dresses
A great selection of regular price styles. Second item must be of equal or lesser value. Online offer differs. Savings Pass not applicable.

Sale $59.99–$89.99 Women's shoes
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25% off A great selection of women's sleepwear

40% off Men's suits, sportcoats, blazers & pants
Choose from a great selection of regular price styles.

30% off Men's Black Brown 1826 sportswear
Excludes Smart Value items.

Sale $129.99 Men's Black Brown 1826 cashmere sweaters *Reg. $225*

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